Sport Lens Tint Options

Sunglass lens colors are sport and lighting specific. Bright sunny days require a different color than grey overcast conditions even when participating in the same activities.

This chart of sunglass tints can provide some guidance. Your Parrelli Optical® eyecare professional can advise specific lenses for your workout.

Polarized lenses: Polarized lenses are specially design to filter reflected light. They reduce the veiling glare from snow, wet roads and water. Polarized lenses come in several different colors for sport specific applications. They are recommended for all activities that take place in bright light.

Yellow/Orange: Yellow and orange tints heighten contrast in hazy, foggy or low-light conditions. These tints filter blue light which focuses in front of the retina and can cause veiling glare. While they can make objects appear sharper both indoors and outdoors, they can also cause color distortion. Choose yellow shades for snow activities cycling, hunting, shooting, skiing, snowboarding, snowmobiling, indoor basketball, handball, racquetball, tennis and indoor ball sports **Please note:** that any tint lessens the amount of available light and should not be worn while driving at night.

Rose/Red: The family of red tints increase contrast by blocking blue light. These tints are marketed as being soothing to the eyes and more comfortable for longer wear-times. And, while red lenses heighten contrast in partly cloudy and sunny conditions they create significant color imbalances making it difficult to distinguish certain shades. Choose red lenses for cycling, hunting, shooting, skiing, snowboarding and snowmobiling.

Gray: Gray is a traditional sunglass tint that absorbs all wavelengths of light equally. This tint reduce brightness and glare while allowing the wearer to recognized colors accurately. Choose gray for bright light conditions, driving and outdoor sports such as golf, running or cycling.

Green: Green tints filter some the blue light that focuses in front of the retina. This color can reduce glare. The green lens offers heightened contrast while preserving color balance and can improve the sharpness of your vision. Shades of green also tend to make you more comfortable in bright light. Choose green lenses for precision sports such as tennis, baseball and golf.

Amber/Brown: Amber and brown tints reduce glare and block modest amounts of blue light. Blocking blue light can increase contrast and sharpen vision, especially against green and blue backgrounds such as grass and sky. Brown and Amber lenses can brighten vision on cloudy days. Choose amber and brown tints for fishing, baseball, golf, hunting and cycling.

Clear: Clear lenses filter minimal amounts of light. They should be used in normal to low levels of illumination. A clear lens can provide significant protection to the eye and the surrounding structures. A reflection free lens can reduce annoying and distracting reflections. Choose for racquetball, indoor tennis and anytime there is a risk of eye